

The Big Guy Upstairs

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A wakening tribute to Dr. Guy DaSilva, M.D. - a celebration of life that was an honor to behold. The service was a prolific out-picturing of a man's life-

one like no other I have ever seen- a tribute expressed in a stream of images that rolled across the screen. Few words were spoken while the pictures spanned a lifetime, but there was more to

the story when those who knew him stepped forward to speak.

A young girl took the stand while holding back the tears to say, "That guy was my uncle... Actually he is my uncle. He is still around... If you didn't like him, then there is something wrong with you! He was a good man.... That's my Guy!" Those words she said it all- about a special man who was present for so many as he contributed personally and professionally to a larger community.

Dr. Guy DaSilva, M.D., was a standout doctor with an incredible combination of intellect, wisdom, and caring. This Guy knew how to get down to the bottom of things by using his keen mind to synthesize multiple medical specialties. Somehow, during these modern times of being educated in medical science and trained in numerous medical specialties, he was able to be like the old time doctor. He listened. He paid attention to details no one else took

time to look at. He weaved together a spectrum of health challenges to diagnose conditions no other doctor had the skill to figure out. Guy was an expert of Functional Medicine: to find the root cause and provide solutions for optimal health.

In real life, Guy showed up in a big way, for people of all ages who entered his realm. His caring way made those around him feel seen and heard- sometimes for the first time in their lives. An old friend of Guy's said, "He always had time for us, no matter how busy he was in the middle of his own life." A young teen tearfully shared, "Guy stopped what he was doing to make me feel like I was the only one that mattered at the time. He changed my life because he was so present for me- when I needed it." There was more.

Guy's patients came forward in an outpouring of gratitude, including a neighbor who spoke with emotion, "He saved my life, because it's one thing to help me, but when Guy helped my child- and saved her life- I am forever grateful in the most profound way only a parent can be." I was overwhelmed by the power of that statement, because it was also true for me. Without Guy solving the mystery of illnesses in my family and support us to reverse chronic disease, our lives would be very different.



They say a picture is worth a thousand words. But to hear the voices that emoted how lives changed because of This Guy's extraordinary ability to do good in his life dedicated to serving others. It took my breath away! There are no words to express the grief for the loss of such a good man whose life was cut short by a sudden and unexpected death.

The loss of Guy is deeply felt. Yet from this place comes a beautiful example of a human being demonstrating, with action that speaks louder than words, the best parts of being human. This doc "got it right" around true value: he put his family first, and from that foundation dedicated himself to a life of service to help others in a focused way by showing up. His presence was a present: an outpouring of goodwill towards others that rippling out into the world. He got to the bottom of things by finding the root-cause that was results driven. Counting the number of lives touched in a positive way, the sum of Guy's life made a contribution that was priceless beyond measure.

The power of Guy is inspiring! This time of reflection gave me pause to ask what really matters: How many individuals have benefitted by your being? How many people have been uplifted by knowing you? Have you used your life force energy to reflect your true values? What goodness will you leave behind as a testament to love in action?

The questions provide an opportunity to say thank you: Guy said it himself, "Thank God for the faith that led me

into a new field of medicine." My version of gratitude is expanded, "I Thank God for the faith that led Guy into a new field of medicine... because he was instrumental in my family to give us a most precious gift -an opportunity for a brighter future with vibrant health. My gratitude for the life of Guy will always be with me." I know I am a better person because my path crossed with that Guy. Thank goodness for this Guy- a brilliant example of Love in action that lives on in the hearts of all who knew him!

None of us know when our time is up. So take a closer look into the New Year. Don't miss your window of opportunity to make a difference in your world. What are you waiting for? Pay it forward, so when you look back on your life, you will see the results of a life lived well- leaving a trail of Goodness and Love all around you.

May Guy's legacy live on in the fruits of his beautiful family; Tina, Ashley, Christian, Austin and Jeffrey, and through his life work at the DaSilva Institute. Many are deeply touched by this man who was tops in his field of being. Ultimately, The Big Guy Upstairs must be exceedingly pleased with the life of a Guy well lived. And to that end...I salute the Big Guys in the Sky! Contact Jeannie at (941) 284- 7344 or email: jebloomfield1@comcast.net